



This October at NTSU



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Cat Burns

British Singer-Songwriter

Cat Burns is a British singer-songwriter who gained prominence with her 2020 single “Go”. After her 2017 debut single, she continued to release music and attract a following, releasing the albums Early Twenties (2024) and How to Be Human (2025). Burns has been nominated three times for the Brit Awards.

She has spoken openly about her diagnoses of ADHD and Autism, emphasizing the positives of her ADHD traits in furthering her creative process. In 2025, Burns was a contestant on the first series of BBC’s The Celebrity Traitors, joining a cast of 19 celebrities to compete for £100,000 for charity.

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