



This October at NTSU



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Cara Thompson

**Nottingham Nature Poet Laureate,
Writer & Musician**

Based in Nottingham, Cara Thompson is a writer, facilitator, and interdisciplinary artist, and Nottingham's first Nature Poet Laureate. Cara uses poetry, performance, textiles, and oral history to explore cultural and ecological memory. A proud descendant of Jamaican migrants who came to Britain as part of the pioneering Windrush Generation, her work is informed by the richness and complexity of her Caribbean-British heritage. Alongside her work as a writer, Cara is a musician, educator, programme, and a director of Nottingham Poetry Festival since 2023.

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